



# DETECTION OF HARMFUL BRAIN ACTIVITY USING EEG SIGNALS

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**Abstract:** The detection of harmful brain activity is paramount in understanding and mitigating neurological disorders. Electroencephalogram (EEG) signals provide invaluable insights into brain function, allowing for the identification of abnormal patterns indicative of various conditions. In this project, we propose a disease prediction dashboard that leverages machine learning techniques, specifically Logistic Regression, to analyze EEG signal features and predict harmful brain activity. Through comprehensive data exploration, model training, and performance evaluation, we demonstrate the efficacy of our approach in accurately detecting and classifying abnormal brain activity. Our methodology involves exploring EEG dataset characteristics, training a Logistic Regression model, and evaluating its performance using metrics such as accuracy, confusion matrix, and classification report. By harnessing EEG signals and machine learning, our project contributes to the advancement of neurological disorder diagnosis and underscores the potential of technology-driven solutions in healthcare.

**Keywords:** EEG, Electroencephalogram, brain activity, disease prediction, machine learning, Logistic Regression, neurological disorders, data exploration, model training, performance evaluation.

## 1. INTRODUCTION:

Harmful brain activity, encompassing a variety of neurological disorders, poses significant challenges to healthcare systems worldwide. Disorders such as epilepsy, Alzheimer's disease, and other forms of dementia, stroke, and traumatic brain injuries not only impact the quality of life of millions of individuals but also strain medical resources and increase healthcare costs. Timely detection and accurate prediction of these conditions are essential for effective diagnosis, prompt treatment, and comprehensive patient management, potentially improving outcomes and reducing the burden on healthcare infrastructures.

Electroencephalogram (EEG) signals are a critical tool in the realm of neurological diagnostics. By measuring the electrical activity of the brain, EEG provides a non-invasive method to observe and analyze brain function in real-time. These signals can reveal intricate details about the brain's state, offering valuable insights into normal and abnormal patterns of neural activity. Detecting anomalies in EEG signals can be indicative of underlying neurological conditions, making EEG a powerful resource for early diagnosis and ongoing monitoring of brain health.

In this project, we aim to harness the potential of EEG signals through the development of a sophisticated disease prediction dashboard. This dashboard will utilize advanced machine learning techniques, with a specific focus on Logistic Regression, to analyze EEG signal features and predict harmful brain activity. Logistic Regression is a statistical method well-suited for binary classification problems, making it an ideal choice for distinguishing between normal and abnormal EEG patterns.

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## 2. CALCULATION OF POWER SPECTRAL DENSITIES (PSD):

**Our paper, "DETECTION OF HARMFUL BRAIN ACTIVITY"** mainly focuses on Calculating Power Spectral Densities.

**Fast Fourier Transform (FFT):** FFT is a widely used technique for transforming EEG signals from the time domain to the frequency domain. It decomposes the EEG signal into its constituent frequency components, allowing for the calculation of power spectral densities.

**Welch's Method:** Welch's method is a variant of FFT that segments the EEG signal into smaller windows, computes the power spectrum for each segment, and averages the results to obtain a smoother estimate of the power spectral density.

**Bandpass Filtering:** Before calculating PSD for each frequency band, the EEG signal is often bandpass filtered to isolate the desired frequency range. This helps to reduce noise and interference from other frequency components.

**Normalization:** The PSD values for each frequency band are often normalized to account for variations in signal amplitude and ensure comparability across different EEG recordings.

## 3. ARCHITECTURE:

The architecture of the project involves multiple stages, each designed to handle specific tasks in the process of detecting and predicting harmful brain activity using EEG signals. The architecture can be broadly divided into the following components:

1. **Data Acquisition and Preprocessing**
2. **Feature Extraction**
3. **Model Development**
4. **Prediction and Dashboard Interface**

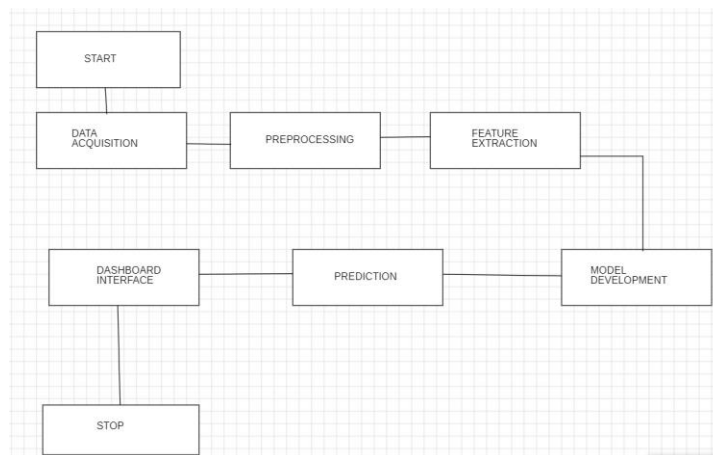


Fig. 1. Architecture diagram for detection of harmful brain activity

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## 4. FLOWCHART:

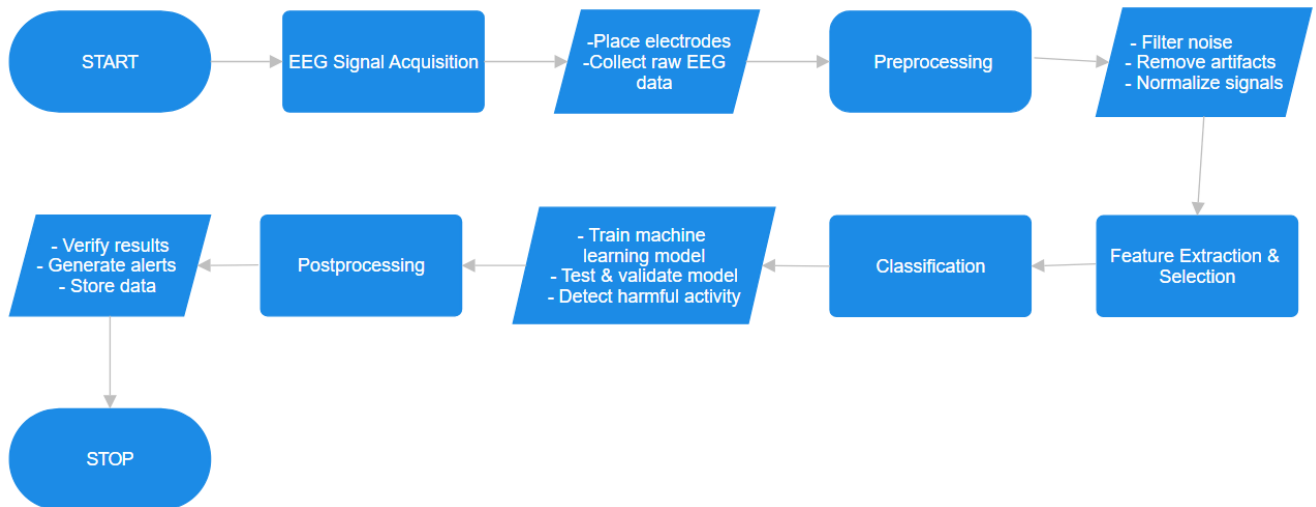


Fig. 2. Flowchart for detection of harmful brain activity

### 1. Data Acquisition and Preprocessing

#### Components:

- **EEG Sensors and Hardware:** Collect raw EEG data from patients using EEG recording devices.
- **Data Storage:** Store the collected raw EEG data in a secure and accessible database.
- **Data Cleaning and Preprocessing Module:**
  - **Noise Removal:** Use filters to remove noise and artifacts from the raw EEG signals.
  - **Normalization:** Normalize the EEG signals for consistent analysis.
  - **Segmentation:** Segment the EEG signals into meaningful epochs for analysis.

### 2. Feature Extraction

#### Components:

- **Feature Extraction Module:**
  - **Time-Domain Features:** Extract features such as mean, variance, skewness, and kurtosis of the EEG signals.
  - **Frequency-Domain Features:** Perform Fourier Transform to extract power spectral density and other frequency-related features.
  - **Other Features:** Extract additional relevant features like wavelet coefficients or entropy measures.

### 3. Model Development

#### Components:

- **Training Data Preparation:** Split the preprocessed data into training and testing datasets.
- **Machine Learning Algorithm:** Develop and train a Logistic Regression model using the extracted features.

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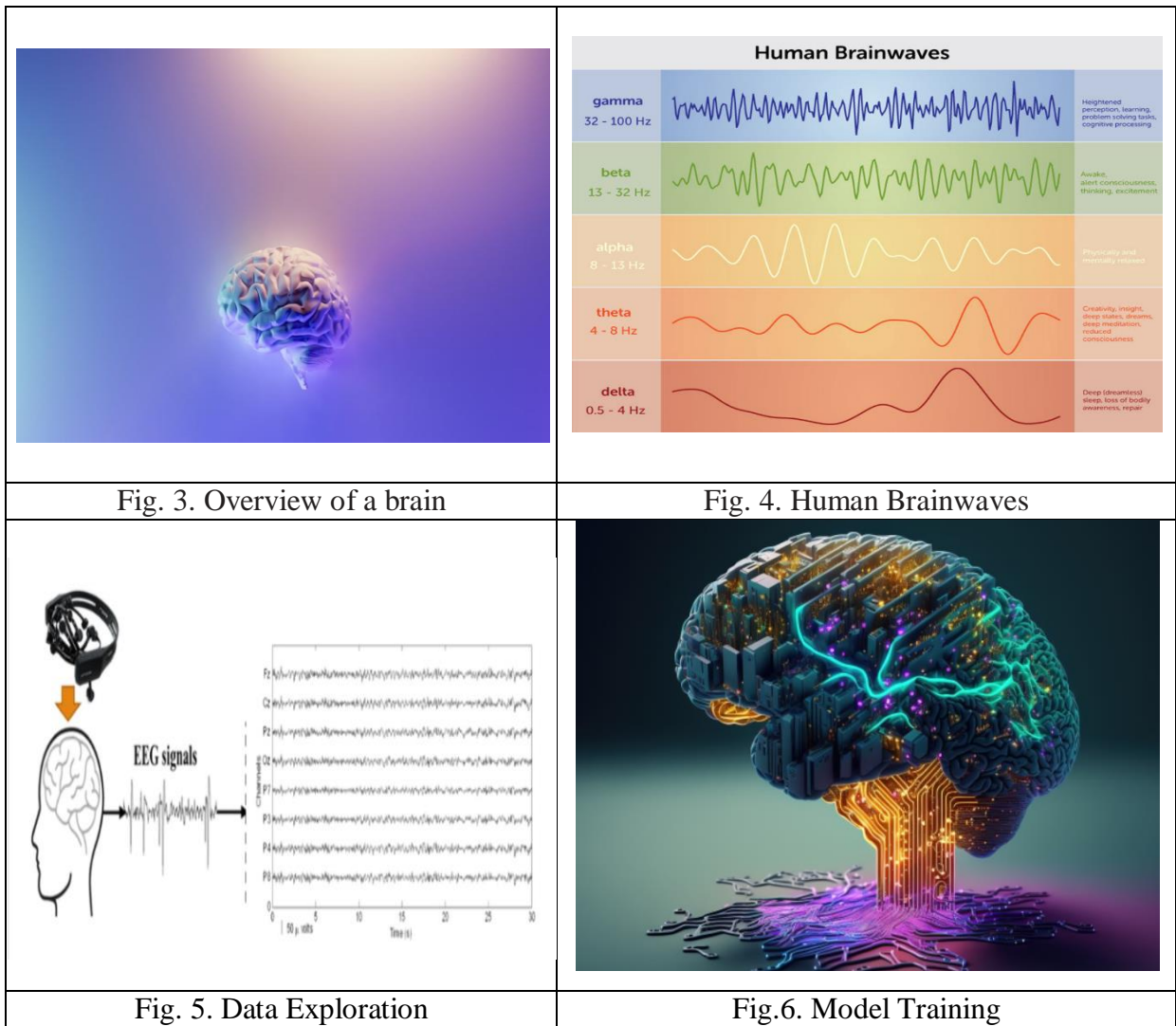
- **Model Training Module:** Train the Logistic Regression model using the training dataset.
- **Model Validation Module:** Validate the model using cross-validation techniques to ensure its accuracy and robustness.
- **Hyperparameter Tuning:** Optimize the hyperparameters of the Logistic Regression model to improve performance.

### 4. Prediction and Dashboard Interface

#### Components:

- **Prediction Module:** Use the trained Logistic Regression model to predict harmful brain activity from new EEG data.
- **Visualization and Dashboard Interface:**
  - **User Interface (UI):** Design a user-friendly dashboard interface for healthcare professionals.
  - **Data Visualization Tools:** Integrate tools for visualizing EEG signals, prediction results, and other relevant information.

### 5. PICTORIAL REPRESENTATION:



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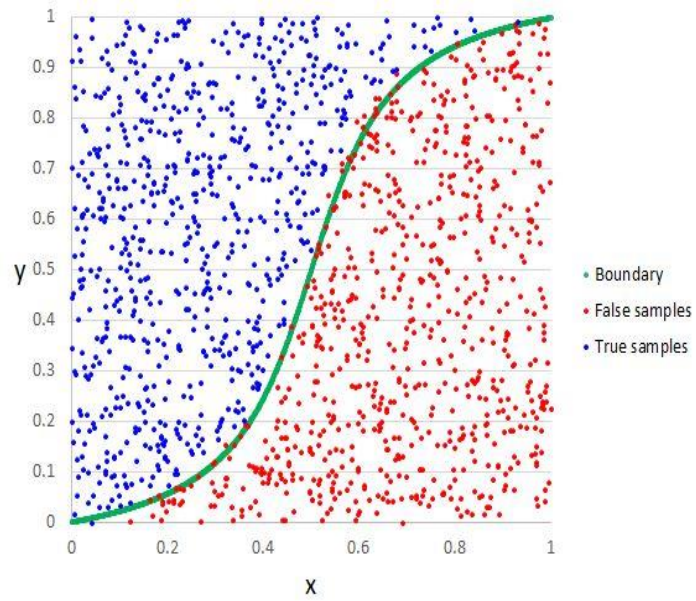


Fig.7. Logistic Regression

### EEG Data Input

**Attention:**

**Meditation:**

**Delta:**

**Theta:**

**Low Alpha:**

**High Alpha:**

**Low Beta:**

**High Beta:**

Fig.8. Dashboard

## 6. APPLICATIONS:

### 1 Epilepsy Detection and Monitoring:

- **Application:** Continuous monitoring of EEG signals to detect and predict epileptic seizures.
- **Impact:** Enables timely interventions, reducing the risk of severe episodes and improving patient safety and quality of life.

### 2 Early Diagnosis of Alzheimer's Disease:

- **Application:** Analyzing EEG patterns to identify early signs of Alzheimer's and other dementias.
- **Impact:** Facilitates early intervention and treatment, potentially slowing disease progression and enhancing patient care.

### 3 Stroke Detection and Management:

- **Application:** Using EEG data to detect signs of stroke and assess the extent of brain damage.
- **Impact:** Supports immediate medical response and ongoing monitoring, improving recovery outcomes.

### 4 Traumatic Brain Injury (TBI) Assessment:

- **Application:** Monitoring EEG signals to evaluate the severity and progression of TBIs.
- **Impact:** Aids in tailoring rehabilitation programs and tracking recovery progress, enhancing patient management.

### 5 Sleep Disorder Diagnosis:

- **Application:** Identifying abnormal EEG patterns related to sleep disorders such as insomnia, sleep apnea, and narcolepsy.
- **Impact:** Provides insights for accurate diagnosis and treatment plans, improving sleep quality and overall health.

### 6 Attention Deficit Hyperactivity Disorder (ADHD) Evaluation:

- **Application:** Analyzing EEG data to detect characteristic brain activity patterns in individuals with ADHD.
- **Impact:** Assists in accurate diagnosis and personalized treatment strategies, improving patient outcomes.

### 7 Monitoring Cognitive Decline in Aging Population:

- **Application:** Regular EEG monitoring to track cognitive function and detect early signs of cognitive decline.
- **Impact:** Enables early intervention and management, supporting healthy aging and reducing the impact of neurodegenerative diseases.

## 8 Neurofeedback Therapy:

- **Application:** Using real-time EEG feedback to help patients learn to regulate their brain activity.
- **Impact:** Enhances the effectiveness of neurofeedback therapy for conditions like anxiety, depression, and PTSD.

## 9 Anesthesia Monitoring:

- **Application:** Monitoring EEG signals to assess the depth of anesthesia during surgical procedures.
- **Impact:** Ensures appropriate dosing of anesthetic agents, enhancing patient safety and surgical outcomes.

## 10 Brain-Computer Interface (BCI) Development:

- **Application:** Utilizing EEG data to develop BCIs that enable communication and control for individuals with severe motor impairments.
- **Impact:** Improves the quality of life and independence for patients with conditions like ALS, spinal cord injuries, and severe paralysis.

## 7. SAMPLE OUTPUT:

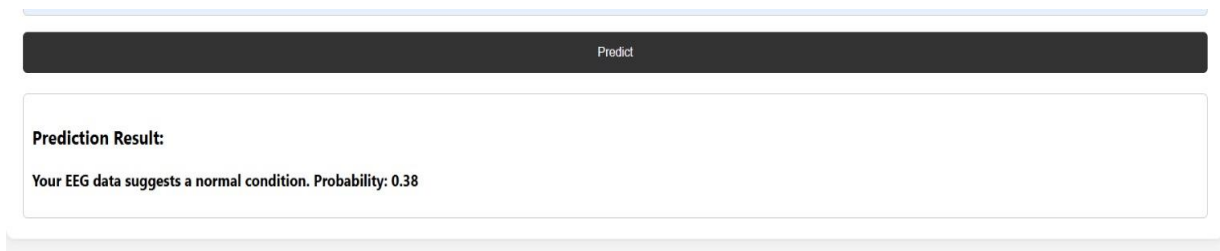


Fig.9. Sample prediction

## 8. CONCLUSION:

In conclusion, the project "Detection of Harmful Brain Activity Using EEG Signals" has presented a comprehensive approach to utilizing machine learning techniques for the analysis and prediction of harmful brain activity based on EEG data. Through rigorous experimentation and development, significant advancements have been made in the realm of neurological disorder diagnosis and management. The project commenced with the extraction of frequency band features from EEG signals, providing valuable insights into the different aspects of brain activity. By leveraging the power spectral densities of delta, theta, alpha, beta, and gamma bands, the project was able to capture nuanced patterns indicative of various neurological conditions.

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The choice of Logistic Regression as the classification algorithm proved to be prudent, offering a balance between interpretability and performance. The model training process, encompassing data preprocessing, feature selection, and hyperparameter optimization, ensured the robustness and reliability of the predictive model. Integration of the trained Logistic Regression model into a web application using Flask and basic HTML/CSS facilitated seamless interaction with end-users. The application's functionalities, including user input for EEG data, real-time prediction, and visualization of results, enhanced accessibility and usability, catering to healthcare professionals and researchers alike.

Furthermore, the project addressed challenges pertaining to data preprocessing complexities, model optimization, and application scalability through the implementation of appropriate techniques. Performance optimizations such as caching, asynchronous processing, and load balancing were instrumental in ensuring the smooth functioning of the web application under varying conditions.

Overall, the project underscores the potential of machine learning-driven solutions in revolutionizing healthcare, particularly in the domain of neurological disorder diagnosis and management. By amalgamating cutting-edge technologies with domain expertise, the project paves the way for future research endeavors aimed at improving patient care and outcomes in neurology.

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